



## GRADE 5: CURRICULUM CONNECTIONS FOR VAPING EDUCATION

Vaping is a prominent public health concern, drawing children and youth to nicotine use and dependence. This resource demonstrates the linkages between vaping education and existing curriculum so that Vaping: The EX-Files can be integrated into instructional time as a complement to the NL provincial curricula.

ACT, 2025



## Provincial Curricula Links

We acknowledge that schools are tasked with achieving a rigorous set of curriculum outcomes across each grade level and subject area. This review identifies areas where Vaping: The EX-Files would be compatible and synergistic with achieving learning outcomes.

<b>Health (2013)</b> <a href="https://www.gov.nl.ca/education/files/k12_curriculum_guides_health_elementary_towards-a-comprehensive-school-health-program-an-elementary-health-curriculum-guide.pdf">https://www.gov.nl.ca/education/files/k12_curriculum_guides_health_elementary_towards-a-comprehensive-school-health-program-an-elementary-health-curriculum-guide.pdf</a> (Page 30)	
<b>Mental Health:</b> <ul style="list-style-type: none"> <li>understand the interrelationship of physical and mental health, and general well-being.</li> </ul>	<b>Relationships:</b> <ul style="list-style-type: none"> <li>realize that one's behaviour may be influenced by peers,</li> <li>identify some positive and negative peer influences,</li> <li>identify reasons why peer pressure is effective,</li> <li>describe ways to counteract negative peer pressure,</li> <li>apply the decision-making process to daily activities,</li> <li>examine some of the advantages and disadvantages of independent decision making,</li> <li>distinguish between secrets, surprises, confidentiality and privacy,</li> <li>explain how a person can be influenced by group pressure,</li> <li>identify some advantages of group participation,</li> <li>outline some personal and peer problems and plan how to deal with them</li> </ul>
<b>Physical Growth and Development:</b> <ul style="list-style-type: none"> <li>identify the parts and functions of the circulatory system,</li> <li>propose ways to maintain a healthy circulatory system,</li> <li>identify the parts and functions of the respiratory system,</li> <li>propose ways to maintain a healthy respiratory system,</li> </ul>	
<b>Environmental Health:</b> <ul style="list-style-type: none"> <li>describe how litter creates an unpleasant and unsafe community environment,</li> <li>identify existing waste disposal and litter problems</li> </ul>	
<b>Drug Education:</b> <ul style="list-style-type: none"> <li>identify alternate ways to deal with personal problems,</li> <li>demonstrate a variety of refusal skills,</li> <li>identify some constructive activities to do instead of using substances, and</li> <li>discuss the reasons for laws on drugs and drug abuse.</li> </ul>	<b>Consumer Health:</b> <ul style="list-style-type: none"> <li>discuss the regulations governing the sale of tobacco and alcohol products,</li> <li>explain how advertising may affect one's behaviour,</li> <li>analyze some advertisements to determine their messages and how they appeal to consumers,</li> <li>become aware of the correlation between alcohol and drug use and health care cost, and</li> <li>identify some professional and volunteer health groups and agencies in your community.</li> </ul>

**Science (2017)** [https://www.gov.nl.ca/education/files/k12\\_curriculum\\_guides\\_science\\_science\\_5\\_2017\\_jan8.pdf](https://www.gov.nl.ca/education/files/k12_curriculum_guides_science_science_5_2017_jan8.pdf)

**How Does Our Respiratory System Help Us Breathe?**

68.0 Describe the structure and function of the major organs of human body systems [GCO 3]  
68.2 Describe the structure and function of the major organs of the respiratory system.

**How Does Our Circulatory System Work?**

68.0 Describe the structure and function of the major organs of human body systems [GCO 3]  
68.4 Describe the structure and function of the major organs of the circulatory system.

**Social Studies (2012)**

[https://www.gov.nl.ca/education/files/k12\\_curriculum\\_guides\\_socialstudies\\_gr345\\_grade\\_5\\_social\\_studies\\_july\\_2012.pdf](https://www.gov.nl.ca/education/files/k12_curriculum_guides_socialstudies_gr345_grade_5_social_studies_july_2012.pdf)

**Social Studies Curriculum Principles** (pg 13)

Vaping education compliments and integrates social studies curriculum principles. This activity concentrates on vaping, tobacco use, product marketing, and provides an opportunity to look at broad implications and multi-faceted, inter-related societal issues. As such, this approach strives to be Meaningful, Significant, Active, Integrative and Issues-based.

***Integrated Concepts and Processes***

Make judgments based on appropriate criteria

- Students are frequently confronted with situations where they are asked to make a decision about what to believe or do. When students purposefully reflect on what is reasonable to believe, or what to do, they are thinking critically.

**General Curriculum Outcomes**

**Individuals, Societies, and Economic Decisions**

Students will be expected to demonstrate the ability to make responsible economic decisions as individuals and as members of society

**Interdependence**

Students will be expected to demonstrate an understanding of the interdependent relationships among individuals, societies, and the environment —locally, nationally, and globally— and the implications for a sustainable future.

**People, Place, and Environment**

Students will be expected to demonstrate an understanding of the interactions among people, places, and the environment.

**English Language Arts (2013)**

[https://www.gov.nl.ca/education/files/k12\\_curriculum\\_guides\\_english\\_grade5\\_grade\\_5\\_ela.pdf](https://www.gov.nl.ca/education/files/k12_curriculum_guides_english_grade5_grade_5_ela.pdf)

**Outcome 7.2** (pg. 100) : **Analyze intended messages in texts:**

- develop a critical perspective towards texts by analyzing them for intended messages.
- Media Literacy is about empowering students to understand how the media works so that they can be in control of its influence in their own lives.