

Grade 5 Vaping Fact Block Clues

- **PREPARE:** Print out the Fact Block cards, and cut into individual cards - 30 in the set. Print the Fact Block Clues - this will be used by the teacher to randomly call out the questions.
- **DISTRIBUTE:** Hand out one Fact Block card to each student (each card is unique).
- **CALL:** The teacher will read the questions from the clue sheet. Use the left column to keep track if you call questions in a random order.
- **MARK ANSWERS:** The students will mark their answers with a pencil (option to use plastic or foam markers so that the cards can be reused if available).
- There are 38 questions, but cards only have 24 answers, so students will not have answers to every question on their cards.
- **FACT CHECK:** After each question, give students time to select an answer. Before moving on, confirm the correct answer with the class. Errors can be erased and corrected, so that all students are able to confirm the correct answer and continue to play the game without mistakes.
- **WINNING:** Once a predetermined pattern is made on a card (Lines, whole Card), the child with that card calls out "I GOT THE FACTS" (Write this on white board to remember).

<i>Questions</i>	<i>Answers</i>
The addictive drug found in vapes and tobacco products	Nicotine
People with this condition use substances or engage in behaviors that become uncontrollable and often continue even though there are harmful consequences	Addiction
This pair of delicate organs can be permanently damaged by smoking and vaping	Lungs
This organ, responsible for decision making, is very sensitive to the effects of nicotine	Brain
This organ beats faster and works harder when exposed to nicotine	Heart
Vaping can irritate airways and make this lung condition worse	Asthma
Another name for vaping liquid	E-liquid
These make vape liquids tasty and appear less risky	Flavours
Vape devices do this to e-liquid, turning it into an aerosol.	Heat
Nicotine belongs to this class of drugs	Stimulant
Limit this activity to 2 hours or less each day.	Screen Time
Nicotine from vaping makes these get narrow, which increases blood pressure.	Blood Vessels
This is a sign of being nic-sick, or having a nicotine overdose	Diarrhea
Nicotine can affect your brain's ability to do this, which makes learning more difficult!	Concentrate
Young vapers show early signs of this disease, the leading cause of death among smokers.	Heart Disease
Vaping causes your mouth to produce a slime, that causes this condition.	Gum Disease
Vaping is not _____.	Safe
Choosing to do something you normally wouldn't do, because you want to feel accepted by your friends.	Peer Pressure

	These uncomfortable symptoms occur when you stop using a drug that you are addicted to.	Withdrawal
	This part of vaping devices have exploded, causing cuts and burns.	Battery
	What group of people are the best customers for vaping companies?	Young
	These body parts can get dry, itchy, red or watery from the chemicals in vapour.	Eyes
	Designing vape devices that are cool, attractive, cheap and discrete are strategies for this process to attract buyers.	Marketing
	Vapes do not produce a harmless water vapour, it is actually this other substance that contains chemicals and particles.	Aerosol
	This is another name for vapes.	E-Cigarette
	The more you do this with vapes, the more likely you will get addicted to nicotine.	Experiment
	Vaping has a harmful effect on your heart and blood vessels. What body system is being damaged?	Circulatory
	Vaping has a harmful effect on your trachea and bronchioles. What body system is being damaged?	Respiratory
	Wearing this reduces your chances of getting a serious brain injury. There are special ones for different sports and activities such as biking and snowmobiling.	Helmet
	Smoking regular cigarettes produces this gas, which replaces oxygen in your circulatory system.	Carbon Monoxide
	If a person smokes, doing this is the most important thing they can do for their health.	Quit Smoking
	Getting trusted information and considering the pros and cons of possible choices is part of this process.	Decision Making
	Nicotine is used to kill bugs and insects on crops. This makes it a _____.	Pesticide
	People, especially children, may experience this if they ingest, inhale or have skin exposure to nicotine.	Nicotine Poisoning
	Athletes who vape may experience this, making it harder to keep up/run.	Shortness of Breath
	Staying smoke and vape free, being active and eating healthy are behaviours that help you do this for your whole life.	Healthy Living
	Your body produces more of this substance as a way to protect airways from the chemicals in vapes.	Mucus
	Exercising with enough intensity to increase your heart rate, make you breathe harder and make your body do this to cool off every day is good for your physical and mental health.	Sweat