

Vaping: The EX Files  **GR 4 Explain**

Grade 4: Explain Grade 5: Examine Grade 6: Expose

True or False

1. When someone is addicted to a drug, their brain and body changes. They need that substance in order to feel normal.	TRUE	FALSE
2. Most e-cigarettes (vapes) only contain water and flavoring.	TRUE	FALSE
3. Nicotine is not addictive.	TRUE	FALSE
4. If someone vapes around you, you can have health consequences, too.	TRUE	FALSE
5. Most vapes contain nicotine.	TRUE	FALSE
6. Vaping is safe.	TRUE	FALSE

Match the words on the left to the correct statement on the right by drawing a line to connect them.

Eyes	Using a substance even if it hurts you
Lungs	Nicotine causes this organ to speed up and work harder
Heart	The drug found in vapes and cigarettes
Nicotine	These may get red and watery from chemicals in a vape cloud.
Addiction	These organs can be damaged by vaping, which would make breathing difficult

Answer Key

True or False

1. When someone is addicted to a drug, their brain and body changes. They need that substance in order to feel normal.	TRUE	
2. Most e-cigarettes (vapes) only contain water and flavoring.		FALSE
3. Nicotine is not addictive.		FALSE
4. If someone vapes around you, you can have health consequences, too.	TRUE	
5. Most vapes contain nicotine.	TRUE	
6. Vaping is safe.		FALSE

Match the words on the left to the correct statement on the right by drawing a line to connect them.

The diagram shows the following connections:

- Eyes** is connected to "These organs can be damaged by vaping, which would make breathing difficult"
- Lungs** is connected to "Using a substance even if it hurts you"
- Heart** is connected to "Nicotine causes this organ to speed up and work harder"
- Nicotine** is connected to "The drug found in vapes and cigarettes"
- Addiction** is connected to "These may get red and watery from chemicals in a vape cloud."